



THINK · LEARN · THRIVE

Affirmative Statements

(to be used at school or at home to positively affirm our learners)

Positive thinking is a powerful tool that can improve our learner's well-being, help them to overcome challenges, and make better choices.

Everyone can benefit from improving their positive thinking skills!

Changing your thinking, you can control your emotions and your actions.

By beginning to think more positively, our learners can learn to believe in themselves and work towards their individual goals and potentials.

- You have challenged yourself.
- You have stretched your brain.
- You have taken a risk.
- You have managed your own learning.
- You are a problem solver.
- You have made a strong effort and you have improved.
- You have met your expectations.
- You have used your strategies.
- You have engaged in independent practice.
- You have improved your skills.
- You have developed good creative strategies.
- You have engaged in deep collaboration.
- You have really persisted today.
- You are a writer in training.
- Struggling means you are learning.

I have a
GROWTH MINDSET!

